

Dear New Trier Parent/Guardians,

As we start a new school year, we invite you to join us on **Thursday, September 21, 2023 at 7:00 p.m. in Cornog Auditorium** for an important back-to-school event for parents.

In partnership with FAN (Family Action Network), New Trier Winnetka Campus Principal/Assistant Superintendent Denise Dubravec will lead a discussion with award-winning journalist Jennifer B. Wallace about her instant *New York Times* best seller, *Never Enough: When Achievement Pressure Becomes Toxic – and What We Can Do About It*. Drawing on hundreds of interviews with families, psychologists, educators, and a survey of 6,500 parents, Wallace investigates the deep roots of toxic achievement culture at “high-achievement schools” and the negative impact it has on our student’s mental health and overall well-being.

We hope you will join us to learn what you can do in your home to buffer against the excessive pressures many of our students are feeling so we can collectively work to protect our student's mental health and set them up to thrive this upcoming school year.

On behalf of FAN, please see the complete [September 2023 FAN calendar](#). For more information and event registration, visit the [FAN website](#).

Sincerely,

Denise Dubravec

Winnetka Campus Principal/Assistant Superintendent

FAN
FAMILY ACTION NETWORK

Never Enough: When Achievement Culture Becomes Toxic -- And What We Can Do About It
Jennifer Breheny Wallace
Award-winning reporter and author of *Never Enough*.

Denise Dubravec
Winnetka Campus Principal/Assistant Superintendent of New Trier High School D203.

Thursday, September 21, 2023, 7:00 PM
New Trier HS/Northfield, Cornog Auditorium, 7 Happ Rd., Northfield, IL 60093
First 100 households will receive a free copy of *Never Enough*.

Presented by Family Action Network (FAN), in partnership with:
The Alliance for Early Childhood, The Avery Coetzel School, Baker Demonstration School, Beacon Academy, Bernard Zeff Anshe Emet Day School, Brickton Montessori School, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Evanston Scholars, Evanston Township High School D202, Gilmour DSS, Gorton Center, Graylake Community High School D127, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Leo Catholic High School, Loyola Academy, Lycée Française de Chicago, Mindful Psychology Associates, Morgan Park Academy, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Rebel Human, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, Santa Clara University School of Law, Science & Arts Academy, Stevenson High School D125, University of Chicago Crown Family School of Social Work, Policy, and Practice, Wilmette Public Library, Winnetka-Northfield Public Library District, Wolcott College Prep, and Youth & Opportunity United.

This event is #freedependenttothepublic and will be recorded but not live streamed. Suitable for youth 12+. familyactionnetwork.net

Sponsors: COMPASS, ISAC, J&J, New Trier, Winnetka, etc.

Partners: The Anderson Family, The McCall Family, etc.

Supporters: The Anderson Family, The McCall Family, etc.